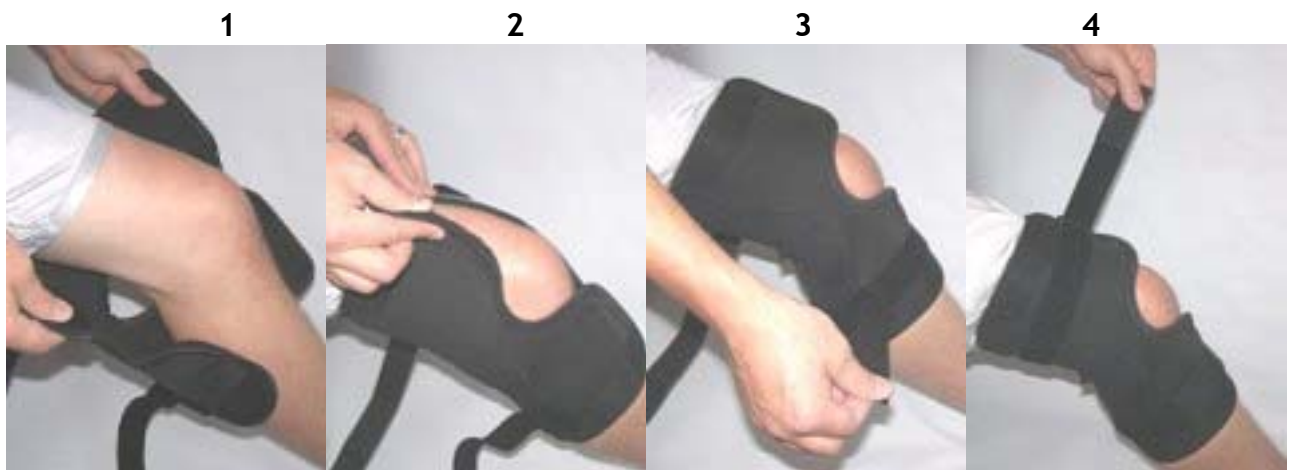


## Donning Instructions for the Knee Anti-Hyperextension Brace Type 2



This brace may be put on under or over clothing. It is recommended the knee is slightly flexed when putting on the brace. (1) Undo all strapping and open the brace to place on the leg as shown. (2) First wrap the brace on the leg and secure the velcro flaps. (3 & 4) Then secure the distal and proximal straps.

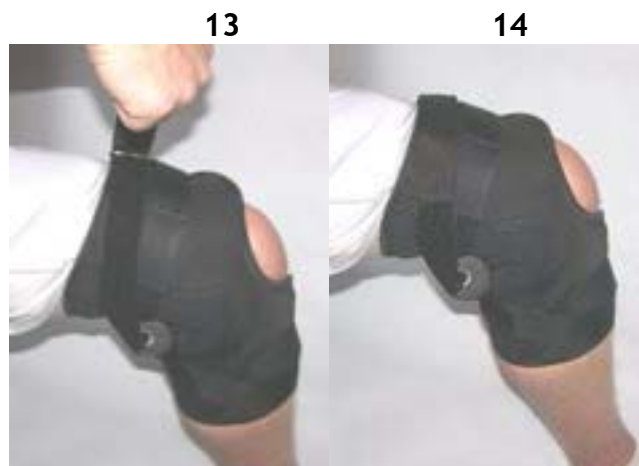


(5 & 6) Then before securing the control strap, be sure the hook velcro on the top and bottom of the front of the brace is exposed and not covered by the straps secured in steps 3 and 4. (7) The control strap is now ready to be placed. It will be secured in a figure of 8 fashion with a control pad secured behind the knee. The strap first secures to the bottom front portion of the brace. The side of the strap with the D-ring and the pad then crosses behind the knee in such a way that the pad is as placed shown (8).

**Donning Instructions for the Knee Anti-Hyperextension Brace Type 2 (Cont.)**



(9) As shown the D-ring side of the strap is held on the medial side of the thigh and the other end of the strap is to be pulled behind the knee crossing directly over the control pad. (10) The strap should then be pulled tight and secured to the top of the brace where the hook velcro is. (11) The strap then feeds through the D-ring and secures back on itself. (12) Now that the brace is on the amount of knee extension allowed can be adjusted.



(13) If the patient takes a few steps and more control is needed, the amount of knee extension allowed can be decreased by tightening the control strap when the leg is in a more flexed position as shown (14). On the other hand, donning the brace on a more extended knee will increase the amount of knee extension allowed.